

SANT BABA BHAG SINGH UNIVERSITY
University Institute of Education
Department of Physical Education

Ref. No: SBBSU/Phy.Edu/Sports/23/

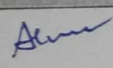
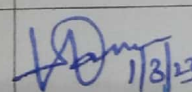
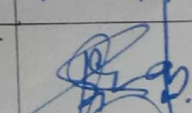

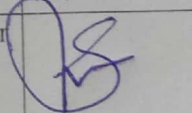
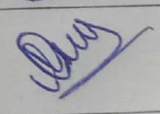
Dated: 01/03/2023

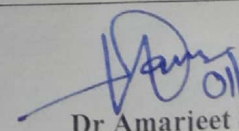
Subject: Internal Committees of Board of Studies of Department of Physical Education -BoS-2023
under NEP2020 BPES 1st & IInd Sem (4years) and MPES (2years).

The following Agenda was discussed and approved as follows:

1. Approval of Course Scheme and Syllabus of MPES (2years).
2. Approval of Course Scheme and Syllabus of BPES 1st & IInd Sem (4years).
3. Approval of Programme & Course Codes of MPES (2years) and BPES (4years)
4. Approval of Programme Educational Objectives (PEOs), Programme Outcomes (POs),
Programme Specific Outcomes (PSOs) and Course Outcomes (CO) of all programs.
5. Approval of Programme & Course codes of MPES (2years) and BPES 1st & IInd Sem (4years)

The following members approved the course curriculum & syllabus as per above mentioned agenda.

S.No	Name	Subject	Designation	Institute	Position	Signature
1.	Dr. Aneet Kumar	Education	Dean	UIE	Chairperson	
2.	Dr.Amarjeet Singh	Physical Education	Associate Professor, HoD	UIE	Convener	 1/3/23
3.	Dr.R.S.Pathania	Physical Education	Professor	UIE	Internal Member	
4.	Dr.KPS.Mahi	Physical Education	Associate Professor	UIE	Internal Member	
5.	Dr.Surinder Kaur	Physical Education	Associate Professor	UIE	Internal Member	
6.	Dr.Manjit Kaur	Physical Education	Assistant Professor	UIE	Internal Member	


01/03/2023
Dr Amarjeet Singh
HoD, Physical Education



Sant Baba Bhag Singh UNIVERSITY

Dated: 01/03/2023

Ref. No: SBBSU/Phy.Edu/23/

MoM of Curriculum Development Committee (Physical Education)

A meeting of members of Curriculum Development Committee (Physical Education) was held on 01/03/2023 at 12:15pm. Following points were discussed and finalized for the upcoming BoS, 2023:

1. Since NEP 2020 policy also focused on research based academics. It has been observed that students should be given an ample opportunity to undergo with Dissertation based Course scheme. So it was decided by the team to design the curriculum in the same line.
2. Some changes are required in the curriculum of BPES 1st & IInd (4years) & MPES (2 years).

Following changes were discussed and finalized for the BoS of BPES and MPES, 2023-24.

Following changes have been done in the scheme and curriculum of BPES (4years) 2023-24:

Sr. No.	Course Name	Subject Code	Previous curriculum	Revised curriculum	Approx. %age of changes
1	Multi-Disciplinary Course-I	MDC	-	New Syllabus Designed as per the NEP	100%
2	Ability Enhancement Course-I	AEC	-	New Syllabus Designed as per the NEP	100%
3	Value Added Course-I	VAC	-	New Syllabus Designed as per the NEP	100%
4	Sports Pedagogy	PED155	-	New Syllabus Designed as per the NEP	100%
5	Sports Tourism	PED157	-	New Syllabus Designed as per the NEP	100%

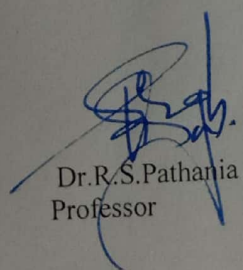
6	Sports Talent Identification	PED158	-	New Syllabus Designed as per the NEP	100%
7	Anatomy and Physiology	PED159	-	New Syllabus Designed as per the NEP	100%
8	Exercise Physiology	PED160	-	New Syllabus Designed as per the NEP	100%
9	Demonstration of Methods of Officiating and Teaching	PED259	-	New Syllabus Designed as per the NEP	100%
10	Movement Education	PED258	-	New Syllabus Designed as per the NEP	100%
11	Educational Teaching Aids	PED260	-	New Syllabus Designed as per the NEP	100%
12	Health and Psychological Assessment	PED361	-	New Syllabus Designed as per the NEP	100%
13	Sports Psychology	PED362	-	New Syllabus Designed as per the NEP	100%
14	Stress Management	PED458	-	New Syllabus Designed as per the NEP	100%
15	Gym Management	PED459	-	New Syllabus Designed as per the NEP	100%
16	Research Proposal	PED461	-	New Syllabus Designed as per the NEP	100%
17	Counseling in Sports	PED460	-	New Syllabus Designed as per the NEP	100%
18	Sports Biomechanics	PED462	-	New Syllabus Designed as per the NEP	100%


Following changes have been done in the scheme and curriculum of MPES (2 years), 2023-24:

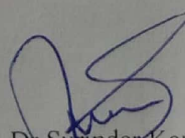
Sr. No.	Course Name	Subject Code	Previous curriculum	Revised curriculum	Approx. %age of changes
1	Value Added Course	VAC	-	New Syllabus Designed as per the NEP	100%
2	Select Any One Specialization in Game:Football,Netball,Kabaddi,Kho-Kho, Handball,Basketball,Volleyball,Badminton ,Hockey,Judo,Boxing,TableTennis,Cricket, Baseball,Softball,Netball,Tennies,wrestling , Weightlifting.	PED511	Specialization in Game: Football/Netball	New Syllabus Designed as per the NEP	80%
3	Coaching Lesson in Track Events: Shot, Middle , Long, Huddle, Walk, Relay Races	PED513	Coaching Lesson in Track Events: Sprints (100,200,400)	New Syllabus Designed as per the NEP	60%
4	Multi Discipliner Course	MDC	-	New Syllabus Designed as per the NEP	100%
5	Select Any One Specialization in Game:Football,Netball,Kabaddi,Kho-Kho, Handball,Basketball,Volleyball,Badminton ,Hockey,Judo,Boxing,TableTennis,Cricket, Baseball,Softball,Netball,Tennies,wrestling , Weightlifting.	PED512	Specialization in Game: Kabaddi/ Kho-Kho -	New Syllabus Designed as per the NEP	80%
6	Coaching Lesson in Athletics: Jumping & Throwing Events	PED514	Coaching Lesson in Athletics Middle Distance Races,Jumping Events	New Syllabus Designed as per the NEP	60%
7	Research Ethic	PED603	-	New Syllabus Designed as per the NEP	100%
8	Dissertation-1	PED609	-	New Syllabus Designed as per the NEP	100%
9	Application Tool In Research (ICT)	PED611	-	New Syllabus Designed as per the NEP	100%
10	Seminar	PED613	-	New Syllabus Designed as per the NEP	100%

11	Select Any One Specialization in Game:Football,Netball,Kabaddi,Kho-Kho, Handball,Basketball,Volleyball,Badminton ,Hockey,Judo,Boxing,TableTennis,Cricket, Baseball,Softball,Netball,Tennies,wrestling , Weightlifting.	PED615	-	New Syllabus Designed as per the NEP	80%
12	Coaching lesson in Yoga & Swimming	PED617	-	New Syllabus Designed as per the NEP	100%
13	Anthropometry	PED606	-	New Syllabus Designed as per the NEP	100%
14	Technical Writing	PED608	-	New Syllabus Designed as per the NEP	100%
15	Dissertation-II	PED610	-	New Syllabus Designed as per the NEP	100%
16	Class Room Theory Lesson (Practical)	PED612	-	New Syllabus Designed as per the NEP	100%
17	Select Any One Specialization in Game:Football, Netball,Kabaddi,Kho-Kho, Handball,Basketball,Volleyball,Badminton ,Hockey,Judo,Boxing,TableTennis,Cricket, Baseball,Softball,Netball,Tennies,wrestling , Weightlifting.	PED614	-	New Syllabus Designed as per the NEP	100%

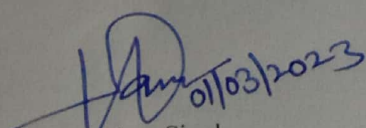
Meeting ended with the Vote of Thanks by Dr. Amarjeet Singh, HoD, Physical Education.

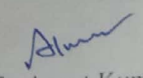

Dr. R. S. Pathania
Professor


Dr. KPS. Mahi
Associate Professor


Dr. Surinder Kaur
Associate Professor


Dr. Manjit Kaur
Assistant Professor


Dr. Amarjeet Singh
Associate Professor & Head


Dr. Aneet Kumar
Dean Academic

Sant Baba Bhag Singh University

Ref. No: SBBSU/Phy.Edu/Sports/23/

Date: 06-03-2023

The Vice Chancellor
Sant Baba Bhag Singh University
Khiala, Jalandhar

Subject: **Regarding BOS Meeting for the Session 2023-24.**

Respected Sir,

The Board of studies meeting of **B.P.E.S 1st & II Sem** (4years), **M.P.E.S** (2years) under NEP2020 of Department of Physical Education for the session 2023-24 is scheduled on **07 March, 2023**. In this regard the proposed list of external expert for BOS is attached herewith for your kind consideration and approval. Kindly section the TA & Honorarium for the experts as per the university norms.

Kindly nominate the **BOS** external expert from the list.

Sr. No	Full Name	Current Post	Institutional Address Including Postcode	Telephone
1	Dr.Amandeep Singh	Associate Professor & Head	GNDU Amritsar	amandeep.physical@gndu.ac.in (9463310537)
2	Dr. Ranvir Singh	Principal	Sports & Arts College, Jalandhar	info@sportscollegejalandhar.co (9569877021)
3	Dr.Parveen Kumar	Professor & Head	City University Ludhiana	Pravin.kumar1182028@gmail.com(9417480730)
4	Dr. Jaspal Singh	Principal	S.G.G.S Khalsa College, Mahilpur	sggskcm@live.com(9417032500)
5	Dr. Manjeet Singh	Principal	Ramgharia College, Phagwara	Principal_rc_phyyahoo.com (9814346182)

Recommended!

[Signature]
6/3/23

— Hon'ble Vice Chancellor

[Signature] 06/03/2023
Dr. Amarjeet Singh

HoD, Physical Education

Send No 2
Dr. Ranvir Singh is
approved
06/3/23



Sant Baba Bhag Singh UNIVERSITY

Ref. No: SBBSU/Phy.Edu/Sports/23/

Dated: 06/03/2023

University Institute of Education

Meeting Circular

We are pleased to inform you that you have been appointed as a member of Board of Studies meeting for MPES (2Years) and BPES 1ST & 2nd Sem (4Years) as required under NEP 2020. The meeting shall be in Online mode.

The list of BoS members is as follows:

S. No.	Name	Subject	Designation	Institute	Position	Signature
1	Dr. Aneet Kumar	Education	Dean, Academics	SBBSU	Chairperson	
2	Dr. Ranbir Singh	Physical Education	Principal	Govt. Arts & Sports College Jalandhar	External expert	
3	Dr. Vijay Dhir/his representative	Computer App.	Dean, UIET	SBBSU	Member	
4	Dr. Seema Garg/her representative	Law	Dean, UIL, UICAIS	SBBSU	Member	
5	Dr. Shwata Singh/his representative	Sciences	Dean, UIS	SBBSU	Member	
6	Dr. Ramandeep Kaur Chahal/her representative	Management	Dean, UICM	SBBSU	Member	
7	Dr. Amarjeet Singh	Physical Education	HoD, Phy. Edu	SBBSU	Member	
8	Dr. Randhir Singh Pathania	Physical Education	Professor	SBBSU	Member	
9	Dr. K.P.S. Mahi	Physical Education	Associate Professor	SBBSU	Member	
10	Dr. Surinder Kaur	Physical Education	Associate Professor	SBBSU	Member	
11	Dr. Manjit Kaur	Physical Education	Assistant Professor	SBBSU	Member	

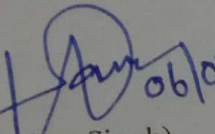
You are requested to attend the meeting on 07-03-2023.

The agenda for the meeting shall be as follows:

1. Discussion and approval of course scheme, program codes and syllabuses of MPES (2Years) and BPES 1ST & 2nd Sem (4Years), as per NEP, to be implemented from academic year 2023-24.

2. Incorporation of amendments or suggestions, if any, by experts or members of the above mentioned committee.
3. Action taken on the feedback of stakeholders for the design /revision of curriculum.

Thanking you in anticipation,


(Dr. Amarjeet Singh)
HoD, Physical Education

06/03/2023



Sant Baba Bhag Singh UNIVERSITY

Ref. No: SBBSU/DA/23/

Dated: 06/03/2023

Dr. Ranbir Singh
Principal, Govt. Arts & Sports College
Jalandhar.

Subject: Invitation for Board of Studies Meeting in the Department of Physical Education

Respected Sir,

This is to bring to your kind notice that the meeting of Board of Studies (BOS) of Department of Physical Education, SBBSU Khiala, Jalandhar is going to held on 07-3-2023 **via online mode**. You have been nominated as an external expert for the BOS by the competent authority. I feel honored to invite you as an expert for the approval of Course Scheme and syllabus of MPES (2Years), BPES 1st & 2nd Sem (4Years) as per New Education Policy 2020. Your experience and expertise will be of great help to the Department and the University.

You are requested to spare your valuable time to participate in the meeting. The Google Meet link for the meeting shall be emailed to you on 07-3-2023 morning.

Regards,

(Dr. Aneet Kumar)
Dean, Academics
SBBS University



Sant Baba Bhag Singh UNIVERSITY

Dated: 06/03/2023

Attendance Sheet: BOS (Physical Education)

S. No.	Name	Subject	Designation	Institute	Position	Signature
1	Dr. Aneet Kumar	Education	Dean, Academics	SBBSU	Chairperson	
2	Dr. Ranbir Singh	Physical Education	Principal	Govt. Arts & Sports College Jalandhar	External expert	
3	Dr. Vijay Dhir/his representative	Computer App.	Dean, UIET	SBBSU	Member	
4	Dr. Seema Garg/her representative	Law	Dean, UIL, UICAIS	SBBSU	Member	
5	Dr. Shwata Singh/his representative	Sciences	Dean, UIS	SBBSU	Member	
6	Dr. Ramandeep Kaur Chahal/her representative	Management	Dean, UICM	SBBSU	Member	
7	Dr. Amarjeet Singh	Physical Education	HoD, Phy. Edu	SBBSU	Member	
8	Dr. Randhir Singh Pathania	Physical Education	Professor	SBBSU	Member	
9	Dr. K.P.S. Mahi	Physical Education	Associate Professor	SBBSU	Member	
10	Dr. Surinder Kaur	Physical Education	Associate Professor	SBBSU	Member	
11	Dr. Manjit Kaur	Physical Education	Assistant Professor	SBBSU	Member	

Thanking you in anticipation,

06/3/2023
Dr. Amarjeet Singh
HoD, Physical Education



Sant Baba Bhag Singh UNIVERSITY

Ref. No: SBBSU/Phy.Edu/Sports/23/

Dated: 07/03/2023

Subject: Proceedings of the meeting of Board of Studies (BoS) for MPES (2Years) and BPES 1st & 2nd Sem (4 years)

The meeting of members of BoS was held on 07-March-2023 at 03:00 pm, at UIE, Sant Baba Bhag Singh University through blended (Online) mode. Dr. Ranvir Singh was the external expert present through online mode.

The following members were present and approved the points discussed below:

S.No.	Name	Subject	Designation	Institute	Position
1	Dr. Aneet Kumar	Education	Dean, Academics	SBBSU	Chairperson
2	Dr. Ranvir Singh	Physical Education	Principal	Sports College Jalandhar	External expert
3	Dr. Vijay Dhir/his representative	Computer App.	Dean, UIET	SBBSU	Member
4	Dr. Seema Garg/her representative	Law	Dean, UIL, UICAIS	SBBSU	Member
5	Dr. Shwata Singh /his representative	Science	Dean, UIS	SBBSU	Member
6	Dr. Ramandeep Kaur Chahal/her representative	Management	Dean, UICM	SBBSU	Member
7	Dr. Amarjeet Singh	Physical Education	HoD, Physical Education	SBBSU	Member
8	Dr. R.S. Pathania	Physical Education	Professor	SBBSU	Member
9	Dr. KPS. Mahi	Physical Education	Associate Professor	SBBSU	Member
10	Dr. Surinder Kaur	Physical Education	Associate Professor	SBBSU	Member
11	Dr. Mnjit Kaur	Physical Education	Assistant Professor	SBBSU	Member

1. As per the NEP 2020, Approval of course scheme and syllabus of MPES (2 years) for the admissions 2023 onwards.
2. As per the NEP 2023, Approval of course scheme and syllabus of BPES 1st & 2nd Sem (4 years) having Program Code for the admissions 2023 onwards.

3. Approval of revised Program Educational Objectives (PEOs), Program Outcomes (POs), Program Specific Outcomes (PSOs) and Course Outcomes (CO) of all programs.
4. Incorporations of the amendments of suggested by the experts regarding scheme and syllabus.
5. Incorporations of feedback of stakeholders (Teachers, Students and Employees) for the revision and design of syllabus.

The following suggestions are incorporated:

S. No.	Expert's Suggestions	Action Taken
1.	The expert suggested to include game specialization in practical's at Master level.	The suggestion was incorporated in all semesters of class MPES
2.	As dissertation was part of semester IV of class MPES, the experts advised to include new subject viz. Research proposal in either semester II and III.	New subject viz. Research proposal was added in semester III of class MPES
3.	The experts suggested to include new subjects Research Methodology and Basic Statistics in Physical Education in semester VII of class BPES (4 years).	The suggestions were included in semester VII of class BPES (4 years) and the syllabus was prepared.
4.	The experts suggested to include Dissertation in semester VIII of class BPES (4 years).	Dissertation was included in semester VIII of class BPES(4 years)

The following are the **appreciated points** regarding the curriculum in the **BOS, 2023** meeting:

1. It is observed that course scheme and syllabus contents was well designed and efficiently balanced keeping in view the nature of students admitted in a degree program.
2. The syllabus of MPES (2 years) and BPES 1st & 2nd Sem (4 years) was highly appreciated and all the courses are from current fields.
3. It was appreciable that the team involved in designing of course curriculum has given a wide variety of courses related to entrepreneurship and employability.
4. Since NEP 2020 policy also focused on research based academics. It has been observed that students have been given an ample opportunity to undergo with Dissertation based Course scheme. So it's great effort by the team which designed the curriculum.

Following changes have been done in the scheme and curriculum of BPES (4 years), 2023-24:

Sr. No.	Course Name	Subject Code	Previous curriculum	Revised curriculum	Approx. %age of changes
1	Multi-Disciplinary Course-I	MDC	-	New Syllabus Designed as per the NEP	100%
2	Ability Enhancement Course-I	AEC	-	New Syllabus Designed as per the NEP	100%
3	Value Added Course-I	VAC	-	New Syllabus Designed as per the NEP	100%
4	Sports Pedagogy	PED155	-	New Syllabus Designed as per the NEP	100%
5	Sports Tourism	PED157	-	New Syllabus Designed as per the NEP	100%
6	Sports Talent Identification	PED158	-	New Syllabus Designed as per the NEP	100%
7	Anatomy and Physiology	PED159	-	New Syllabus Designed as per the NEP	100%
8	Exercise Physiology	PED160	-	New Syllabus Designed as per the NEP	100%
9	Demonstration of Methods of Officiating and Teaching	PED259	-	New Syllabus Designed as per the NEP	100%
10	Movement Education	PED258	-	New Syllabus Designed as per the NEP	100%
11	Educational Teaching Aids	PED260	-	New Syllabus Designed as per the NEP	100%
12	Health and Psychological Assessment	PED361	-	New Syllabus Designed as per the NEP	100%
13	Sports Psychology	PED362	-	New Syllabus Designed as per the NEP	100%

14	Stress Management	PED458	-	New Syllabus Designed as per the NEP	100%
15	Gym Management	PED459	-	New Syllabus Designed as per the NEP	100%
16	Research Proposal	PED461	-	New Syllabus Designed as per the NEP	100%
17	Counseling in Sports	PED460	-	New Syllabus Designed as per the NEP	100%
18	Sports Biomechanics	PED462	-	New Syllabus Designed as per the NEP	100%

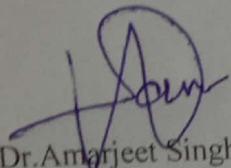
Following changes have been done in the scheme and curriculum of MPES (2 years), 2023-24:

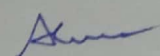
Sr. No.	Course Name	Subject Code	Previous curriculum	Revised curriculum	Approx. %age of changes
1	Value Added Course	VAC	-	New Syllabus Designed as per the NEP	100%
2	Select Any One Specialization in Game: Football, Netball, Kabaddi, Kho-Kho, Handball, Basketball, Volleyball, Badminton, Hockey, Judo, Boxing, Table Tennis, Cricket, Baseball, Softball, Netball, Tennis, wrestling, Weightlifting.	PED511	Specialization in Game: Football/Netball	New Syllabus Designed as per the NEP	80%
3	Coaching Lesson in Track Events: Shot, Middle, Long, Hurdle, Walk, Relay Races	PED513	Coaching Lesson in Track Events: Sprints (100, 200, 400)	New Syllabus Designed as per the NEP	60%
4	Multi Discipliner Course	MDC	-	New Syllabus Designed as per the NEP	100%
5	Select Any One Specialization in Game: Football, Netball, Kabaddi, Kho-Kho, Handball, Basketball, Volleyball, B	PED512	Specialization in Game:	New Syllabus Designed as per the NEP	80%

	adminton, Hockey, Judo, Boxing, Table Tennis, Cricket, Baseball, Soft ball, Netball, Tennes, wrestling, Weightlifting.		Kabaddi/ Kho-Kho -		
6	Coaching Lesson in Athletics: Jumping & Throwing Events	PED514	Coaching Lesson in Athletics Middle Distance Races, Jumping Events	New Syllabus Designed as per the NEP	60%
7	Research Ethic	PED603	-	New Syllabus Designed as per the NEP	100%
8	Dissertation-1	PED609	-	New Syllabus Designed as per the NEP	100%
9	Application Tool In Research (ICT)	PED611	-	New Syllabus Designed as per the NEP	100%
10	Seminar	PED613	-	New Syllabus Designed as per the NEP	100%
11	Select Any One Specialization in Game: Football, Netball, Kabaddi, Kho-Kho, Handball, Basketball, Volleyball, Badminton, Hockey, Judo, Boxing, Table Tennis, Cricket, Baseball, Soft ball, Netball, Tennes, wrestling, Weightlifting.	PED615	-	New Syllabus Designed as per the NEP	80%
12	Coaching lesson in Yoga & Swimming	PED617	-	New Syllabus Designed as per the NEP	100%
13	Anthropometry	PED606	-	New Syllabus Designed as per the NEP	100%
14	Technical Writing	PED608	-	New Syllabus Designed as per the NEP	100%
15	Dissertation-II	PED610	-	New Syllabus Designed as per the NEP	100%

16	Class Room Theory Lesson (Practical)	PED612	-	New Syllabus Designed as per the NEP	100%
17	Select Any One Specialization in Game:Football, Netball,Kabaddi,Kho-Kho, Handball,Basketball,Volleyball,B adminton,Hockey,Judo,Boxing,T ableTennis,Cricket,Baseball,Soft ball,Netball,Tennies,wrestling, Weightlifting.	PED614	-	New Syllabus Designed as per the NEP	100%

Meeting ended with the Vote of Thanks by Dr. Amarjeet Singh, HoD, Physical Education.


 Dr. Amarjeet Singh
 Associate Professor & Head


 Dr. Aneet Kumar
 Dean Academic

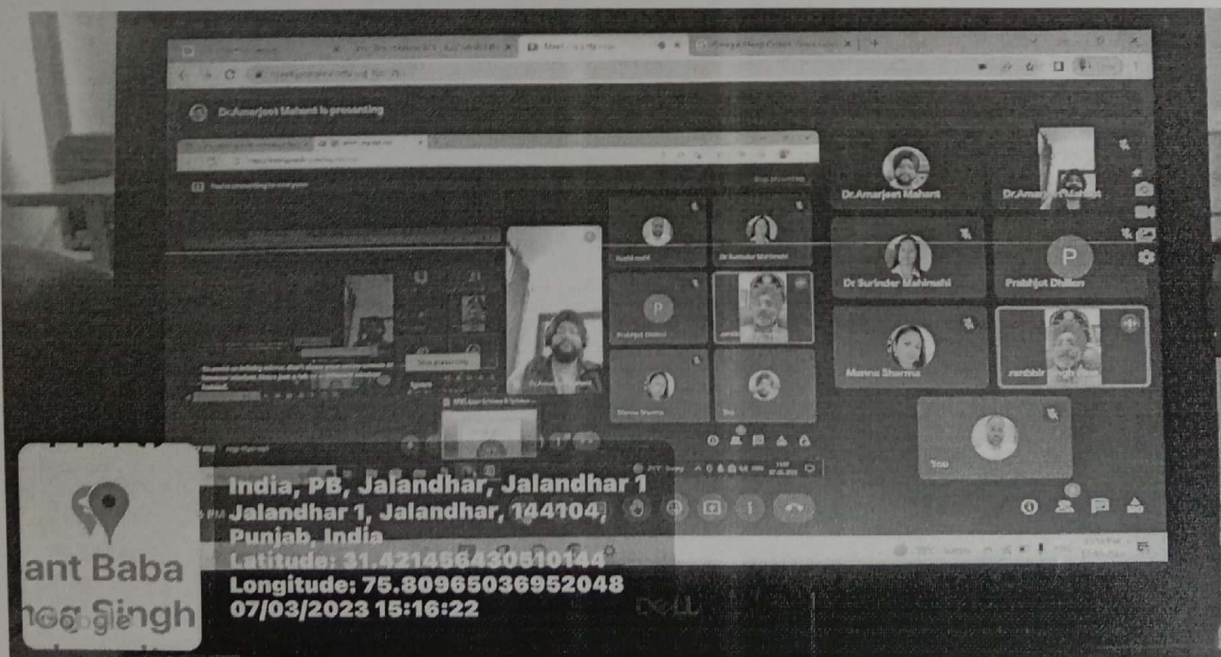
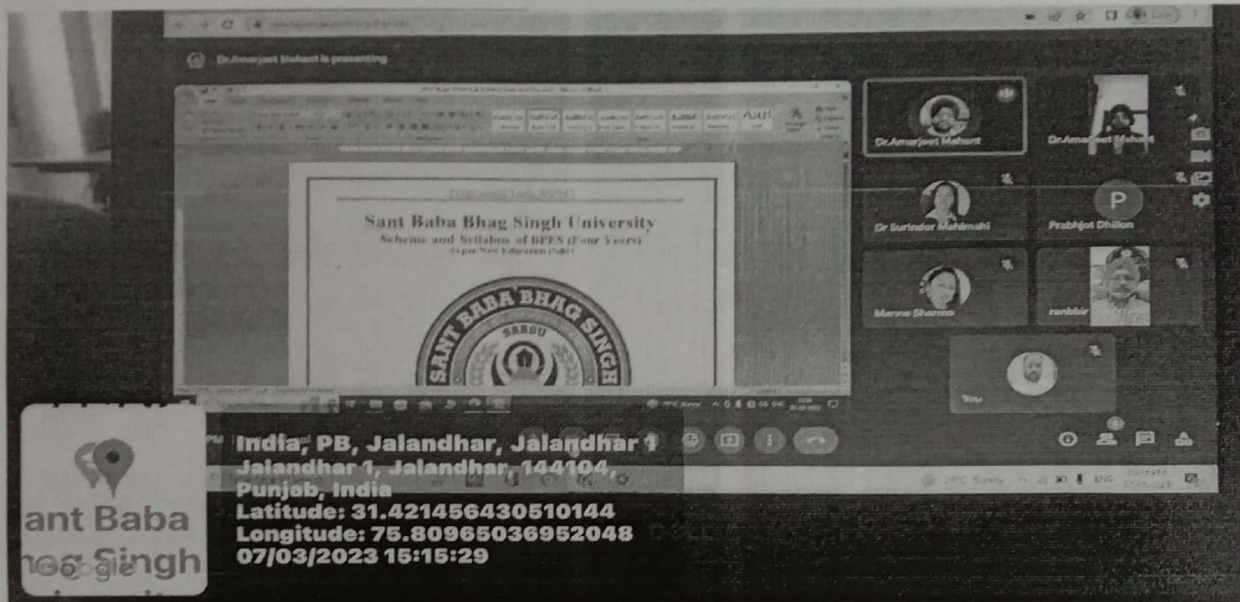
Sant Baba Bhag Singh University

Photos of BOS of Department of Physical Education (07-03-2023)

To join 07-03-2023 at 3:00pm (the meeting on Google Meet, click this link:

<https://meet.google.com/rcg-ttqi-opi>)

Or open Meet and enter this code: rcg-ttqi-opi



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Sant Baba Bhag Singh University

(University Established under Punjab Act No 6 of 2015)
Vill. Khiala, P.O. Padhiana, Dist. Jalandhar, Punjab, INDIA

External Expert Review Performa For Board of Studies

Name of External Expert : Dr. Ranbir Singh
Discipline : Physical Education
Designation : Principal
Organization (Name & Address) : Govt. Arts & Sports College Jalandhar.
Contact No. : 9569877021
E-Mail ID : ranbir3778@gmail.com
Date of Visit/Meeting : 07/03/2023

Reviewer's Comments :-

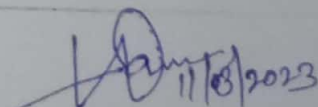
- M.P.E.S. (Two Years), B.P.E.S. 1st & 2nd Sem (four Years) Schemes and Syllabus are according to the rules and regulations of UGC (Under NEP2020).
- Programme Educational objectives (PEO) are appropriate.
- Programme outcomes are effective in terms of updating student teachers' knowledge and skills.
- Programme specific outcomes are appropriate.
- Programme & Course codes are appropriate
- Logical sequencing of topics.
- There is no overlapping of content.
- Numbers of papers are evenly distributed.
- No overlapping of activities related to field engagement.
- Proper reference material and good quality books are in references section.
- Sessional work is appropriate.

❖ Use extra sheet(s) if required

(External Expert)

Date 11/03/2023

Schemes and syllabus are appropriate and up to the mark. No changes are required.


Coordinator/HOD's/Dean's

Dean Academics